



[lindsayskatingclub.com](http://lindsayskatingclub.com)



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## 2025-2026 Important Season Information

### Welcome Back to the 2025-2026 Skating Season!

We're excited to welcome all skaters and families back to a brand-new skating season at Lindsay Skating Club! This is our **second year participating in Skate Ontario's Club Modernization Pilot Program**, and we are proud to continue building on last season's success.

This year you'll notice **longer session times, no overlap between levels, more physical literacy classes, monthly assessment weeks, a fall seminar, and many other exciting updates.**

Below you'll find all the important details you'll need for the season. If you have any questions, please reach out:

✉️ Nikki (Club Administrator): [lindsayskatingclub@gmail.com](mailto:lindsayskatingclub@gmail.com)

☎️ Beth (STARSkate Coordinator): 289-925-8642 | [bethany.carruth@gmail.com](mailto:bethany.carruth@gmail.com)

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### Physical Literacy

Physical literacy is a core component of the Club Modernization program. It's designed to make skaters more **athletically well-rounded, fit, strong, and flexible**—all of which make skating skills easier to learn and perform.

This year, we are offering **multiple physical literacy classes by level:**

- **Mondays & Wednesdays** in the Community Room
- **Sundays** at Fortitude Fitness

👉 Skaters are required to participate in these classes and must wear running shoes. Training includes **jump and spin technique off the ice**, helping skaters progress faster when they return to the ice.

If your skater cannot attend, please notify Beth, just as you would for an on-ice absence.

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### Assessment Weeks

New this year: we will hold **Assessment Week at the end of each month.**

- Focus will be on **feedback, assessments, or practice assessments**
  - If your skater is ready for an official Skate Canada assessment, please send the **\$12.00 test fee by e-transfer** before the test date
  - Include your skater's **name and the test** they are attempting in the memo line
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**Fall Schedule**  
**September 8, 2025 – October 5, 2025**

MONDAYS & WEDNESDAYS	
Time	Program
4:00-4:15pm	Star 1-2 Warm-Up (off-ice)
4:25-5:15pm	Star 1-2
5:25-6:15pm	Skills Star 3+
5:30-6:15pm	Star 1-2 Physical Literacy (Comm. Room)
6:25-7:30pm	Star 3-4
6:30-7:15pm	Star 5+ Physical Literacy (Comm. Room)
7:30-8:45pm*	Star 5+ *10 min flood 7:45-7:55pm
7:45-8:30pm	Star 3-4 Physical Literacy (Comm. Room)

SUNDAYS	
Time	Program
8:30-8:45am	Star 1-3 Warm-Up (off-ice)
8:55-10:15am	Star 1-3
10:00-10:15am	Star4+ Warm-Up (off-ice)
10:25-11:45am	Star 4+
12:00-12:45pm	CanSkate 4-6
12:00-12:45pm	Star 1+ Fortitude Fitness Class 50 Mary Street W, Lindsay

**Fall/Winter Schedule**  
**October 6, 2025 – March 16, 2026**

MONDAYS & WEDNESDAYS	
Time	Program
4:00-4:15pm	Star 1-2 Warm-Up (off-ice)
4:25-5:15pm	Star 1-2
5:30-6:15pm	PreCan/CanSkate 1-6
5:30-6:15pm	Star 1-2 Physical Literacy (Comm. Room)
6:25-7:30pm	Star 3-4
6:30-7:15pm	Star 5+ Physical Literacy (Comm. Room)
7:30-8:45pm*	Star 5+ *10 min. flood 7:45-7:55pm
7:45-8:30pm	Star 3-4 Physical Literacy (Comm. Room)

SUNDAYS	
Time	Program
8:30-8:45am	Star 1-3 Warm-Up (off-ice)
8:55-10:15am	Star 1-3
10:00-10:15am	Star4+ Warm-Up (off-ice)
10:25-11:45am	Star 4+
12:00-12:45pm	CanSkate 4-6
12:00-12:45pm	Star 1+ Fortitude Fitness Class

### Competition Information

If your skater is interested in competing this season, please contact Beth to confirm readiness and appropriate level.

👉 Registration is done through **SkateReg** on [skateontario.org](https://skateontario.org).

- Create your account in advance to avoid issues
- Event registration opens **8 weeks before competition**
- Event schedules are released **2–3 weeks prior** and are subject to change

### Star 1-4 Competition Schedule

Competition	Date	Location	Registration Date
BOTF Lindsay	Dec 6-7, 2025	Lindsay	TBD
Orono FSC	Dec 12-14, 2025	Orono	Advance: N/A Public: Oct 1
Woodville SC	Jan 23-25, 2026	Woodville	Advance: Nov 4 Public: Nov 13
Burlington SC	Mar 6-8, 2026	Burlington	Advance: Dec 16 Public: Jan 7

#### Star 1-4 Series Assignment Process

Skate Ontario's STAR 1–4 assignment process will open **September 16, 2025** and close **October 20, 2025**. Each skater will be assigned to **one guaranteed competition** based on their survey responses. Assignments will be emailed by **October 22, 2025**. Please be sure to complete the survey during this window—late submissions cannot be accepted.

 More information: [Skate Ontario STAR 1–4 Assignment Process](#)

### Provincial Series (Star 5+) Competition Schedule

Competition	Date	Location	Registration Date
Georgina SC	Nov 21-23, 2025	Keswick	Advance: Sept 18 Public: Sept 23
Stratford SC	Dec 18-21, 2025	Stratford	Advance: Oct 2 Public: Oct 7
Milton SC	Jan 16-18, 2026	Milton	Advance: Oct 30 Public: Nov 4
Skate Canada Brampton Chinguacousy	Feb 6-8, 2026	Brampton	Advance: Nov 20 Public: Nov 25
Gloucester SC	Feb 13-15, 2026	Gloucester	Advance: Nov 27 Public: Dec 2

#### Provincial Series Assignment Process

Emails were previously sent regarding the Provincial Series assignment process. The Survey is now closed and assignments have been sent. If your Skater did not complete the survey or receive an assignment you can register during Public Registration. Please note all public registrations will be automatically waitlisted.


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#### Key Dates


- **First session:** Mon. Sept 8, 2025
  - **Signe Ronka Seminar:** Wed. Sept 17, 2025 (see below for more information)
  - **Star 3+ Skills Sessions:** Sept 8, 10, 15, 22, 24, Oct 1
  - **PA Training:** Mon. Sept 29, 2025
  - **No skating:** Oct 12–13 (Thanksgiving), Oct 19, Dec 7, Feb 15–16 (Family Day)
  - **BOTF Competition:** Dec 6–7 (Lindsay)
  - **Holiday Gala & Family Skate:** Wed. Dec 17, 2025
  - **Last session before holidays:** Sun. Dec 21, 2025
  - **Return after holidays:** Sun. Jan 4, 2026
  - **Last regular session:** Mon. Mar 16, 2026
  - **High Test Day (tentative):** Wed. Mar 18, 2026
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## Signe Ronka Seminar

We're thrilled to welcome **Signe Ronka**—former world-class skater, NCCP Level 3 coach, and founder of FlexaFit—for a special seminar.

 **Wednesday, Sept 17, 2025**

 **Open to all STARSkaters**

 **Cost:**


**Included** for Wed skaters;  
**\$30** for non-Wed or out-of-club skaters

Time	Program
4:25-5:15pm	Star 1-2 On-ice Pad 2
5:30-6:00pm	Star 1-2 Off-ice (Comm. Room)
6:00-6:45pm	Star 3+ Off-ice (Comm. Room)
7:00-7:45pm	Star 3-4 On-ice Pad 2
8:00-8:45pm	Star 5+ On-ice Pad 2

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## Year-End Ice Show

 **Saturday, April 4, 2026**

 Lindsay Recreation Complex

- **Practices:** Mar 18 (TBD), 22, 23, 25, 30
- **Dress Rehearsal:** Apr 1, 2026

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## Equipment

The most important investment for your skater is **quality skates**. We recommend purchasing new or gently used pairs. **The club has several pairs available at affordable prices, and coaches can advise on options.** We also recommend:

- **Skating Boutique (Thornhill)**
- **ESTA (Markham)**

For Skate Sharpening we recommend:

- **Skating Boutique (Thornhill)** – 1-877-236-1377
- **Jake's Figure Skate Sharpening (Thornhill)** – 905-889-3276
- **Jon Lane** (Beth or Marg can bring skates for sharpening)

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## Team Coaching

Our club continues to grow, and with that growth comes the strength of **team coaching**. This model, supported by Skate Ontario's modernization program, ensures skaters benefit from the expertise of multiple coaches.

- Assessments (esp. dance) are supported by coach partners and evaluators
- Majority of lessons will be **group, semi-private, or class-based** (approx. 75% of ice time)
- Individual lessons may also be given
- All group lessons are included in registration fees; families may be billed separately for competition coaching, music cutting, or out-of-club assessments

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We're looking forward to another **amazing year on the ice!** Thank you for being part of the Lindsay Skating Club—we welcome your feedback anytime as we continue to grow and improve our programs.

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